

# Safeguarding Bulletin

Safeguarding adults and young people at risk

**ann craft trust**  
acting against abuse

**January 2023**

**Issue 122**

Bringing you the latest research and news on safeguarding adults and young people at risk.

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# Ann Craft Trust Safeguarding Bulletin

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Stuart Sale, Safeguarding Adults Quality Assurance Manager for Nottinghamshire County Council.  
From Issue 91, July 2014.

# Editor's Note—Deborah Kitson, CEO

## Welcome to Edition 122 of the Ann Craft Trust Quarterly Safeguarding Bulletin.

I am writing this Editors Note with mixed emotions. Many of you know already that this will be the final time that I have the pleasure to welcome you to this publication as I will be retiring in March 2023.

I'm not sure I like to think how many times I have welcomed you all with comments about chocolate at Easter, and about Wimbledon and the World Cup events, and with Happy New Years!

While I am looking forward to the next chapter in my life, and spending more time with family and friends, I will miss my work enormously. Apologies for the cliché, but it has been more than just a job. It has been a privilege to work with so many wonderful organisations and people over the years, all of whom share a commitment to making life safer for everyone.

Despite the challenges of the work, sustaining the legacy of Ann Craft and working with such a great team has been really rewarding. But the news this week that [cake should not be brought into the workplace](#) has made me realise that this may be a good time to leave...

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This will be the final time that I have the pleasure to welcome you to this publication as I will be retiring in March 2023.

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I am also pleased to be able to let you know that Stuart Sale will be The Ann Craft Trust's new CEO. Stuart starts in February 2023, and we will be working together for several weeks. He will introduce himself properly in the next edition of our bulletin, but suffice to say he has been a long term friend of the Ann Craft Trust. Indeed, we managed to find an archived article written by Stuart in 2014 for this issue!

2022 gave us all the opportunity to return to something like 'normal' and to adjust to what I think will inevitably be a lasting legacy from the last three years: more remote working, many online meetings and less face-to-face contact with colleagues and peers. But it has been good on occasions to meet up 'in person'. More informal contact with people you work with can so enrich the relationship and allow for interesting debate and discussion that is restricted otherwise.

We particularly saw this during Safeguarding Adults Week in November 2022. Every day that week across the country so much activity took place, including training, podcasts, new safeguarding resource launches, exhibition stands, and lots of public debate. The engagement that week was amazing, so thanks to everyone who made it happen.

We also held the Ann Craft Trust annual Safeguarding Adults Conference during that week. The theme this year was 'Acting Against Adult Exploitation', and it was followed by our 30<sup>th</sup> Anniversary celebratory dinner. It was lovely to see so many people during the day and evening. The day engendered great discussions about numerous important topics.

You'll find information about the day throughout this edition, with summaries of the key presentations and workshops.

We're already making plans for both Safeguarding Adults Week 2023 and this year's conference. So please let us know if there are particular topics you would like to see covered.

We're also looking for new Trustees and Associate Trainers. We would love to hear from you if you are interested in working more closely with us. You'll find more information about these roles in this bulletin, with details on how to apply.

And so it just leaves me to wish you all the very best in the future and to thank you all for your continued support and your commitment to safeguarding. Your contribution to this work really does make a difference.

**Deborah Kitson, CEO, January 2023**

# Safeguarding Adults Week 2022—Acting Against Adult Exploitation and Responding to Contemporary Safeguarding Concerns

## How Are You Helping to Create Safer Cultures?

#Safeguarding Adults Week

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### **Safeguarding Adults Week 2022 took place Monday 21—Sunday 27 November.**

We host this week every year as an opportunity for organisations to come together to raise awareness of important safeguarding issues. Our aim is to start vital conversations and share best practice, so we can all be better together.

Each day of the week we focused on a different safeguarding theme to explore how we might respond to contemporary safeguarding challenges:

- **Monday** – Exploitation and County Lines
- **Tuesday** – Self-neglect
- **Wednesday** – Creating Safer Organisational Cultures
- **Thursday** – Elder Abuse
- **Friday** – Domestic Abuse in Tech-Society
- **Saturday & Sunday**—Safeguarding in Everyday Life

[You can learn more about these themes in our short guide here.](#)

## Seminars and Events

Throughout the week, we hosted one major event and three online seminars.

On Monday 21 November we combined our AGM with [a seminar from Street Teams and CYP First focused on adult self-harming](#).

This seminar provided a brief introduction to adult self-harming – what is it, and why might an adult choose to self-harm? We then discussed some practical ways that we might support people showing signs of self-harm, including some [techniques for holding difficult conversations](#).

On Thursday 24 November we collaborated with DBS to deliver an online seminar on [safe and fair recruitment when working with adults at risk](#).

This highly instructive session discussed the different levels of DBS checks available, with some guidance on choosing the right check for each role.

On Friday 25 November we hosted a second online seminar. This one explored ways people might [use the power their role gives them to create safer cultures in their organisations](#).

This seminar discussed some common themes we might find in negative or problematic cultures. It also shared some lessons we have learned from

safeguarding reviews, before offering some practical advice for anyone who wants to make a difference.

## The 2022 Ann Craft Trust Safeguarding Conference

The focus of our week was our [annual Safeguarding Conference](#). This year it took place on Wednesday 23 November in Nottingham, with a special focus on responding to adult exploitation.

The conference opened with a keynote speech from [The Suzy Lamplugh Trust](#), discussing street harassment. Rather than simply raising awareness of the problem, this session instead shared a number of practical ways we might respond to street harassment when we see it. We also received some tips on what we might do if we're ever ourselves victims of street harassment.

After this keynote speech, delegates could choose from a number of sessions:

- **Migrant Help** – Responding to Modern Slavery, Exploitation and Trauma
- **CYP First** – Adult Grooming and Exploitation
- **Refuge** – Technology-Facilitated Domestic Abuse
- **The Ann Craft Trust** – Power and Exploitation in Sport and Activity



### **30 Years of The Ann Craft Trust**

2022 was a special year for The Ann Craft Trust, [as it marked 30 years since we started as NAPSAC](#).

We marked this anniversary in numerous ways throughout the year. But the main event was a charity dinner we held immediately after our annual conference in the middle of Safeguarding Adults Week.

The event included a drinks reception, a three course meal, live jazz from The Kit Mason Trio, and live magic from Professor Todd Landman. We were honoured to welcome some very special guests, including members of our board of trustees, [our patron Sir Roger Singleton CBE](#), and some of Ann Craft's relatives.

We will share photos, videos, and further reflections on this event, and on our 30th anniversary in general, in the coming weeks.

### **A Week of Activity in the Wider Safeguarding Community**

While we ran our own events, the wider safeguarding community marked Safeguarding Adults Week in a number of ways.

On social media, we asked anyone who wanted to support the week to use the hashtag #SafeguardingAdultsWeek. In

this way we could help promote any activity that took place to as wide an audience as possible.

On the next page is just a small selection of some of the activity that took place across the country.

You can get a bigger picture of the week's activity by taking a look at the hashtag: [#SafeguardingAdultsWeek](#).

### **A Massive Thank You**

The enthusiastic response to this year's Safeguarding Adults Week was very encouraging. It demonstrates that people are becoming increasingly aware of these vital issues. But more importantly, it shows just how many people are committed to making a difference.

So no matter what you did to support Safeguarding Adults Week – whether you put on an event or simply shared some resources online – we'd like to say a massive thank you.

We're already talking about our plans for Safeguarding Adults Week 2023.

We'd love to hear your thoughts. [So let us know what sort of themes you'd like us to cover, and what sort of resources you'd like us to produce!](#)

**Warrington Safeguarding Partnerships** @Warrington\_SP

Our **#WearGreen** Campaign last week for **#SafeguardingAdultsWeek2022** was an added extra on top of all the awareness raising, info sharing and lunch and learn events 🙌

Thank you to everyone who got involved & shared our posts 🌟

[#Safeguarding](#) [#Warrington](#) [@AnnCraftTrust](#)

**WEAR GREEN FOR SAFEGUARDING ADULTS WEEK 2022**

**Cleveland Police** @ClevelandPolice · Nov 28

Thank you to everyone who supported **#SafeguardingAdultsWeek**

We've helped raise awareness of important issues and will keep working with our partners to safeguard the vulnerable in our communities.

Please report any concerns of exploitation or abuse to us on 101.

@TeeswideSAB

**THANK YOU**

**TSAB** @TeeswideSAB · 2h

Great workshop at Hartlepool Deaf Centre last week for **#SafeguardingAdultsWeek** raising awareness of **#safeguarding** and **#financialabuse**

[signhealth.org.uk/videos/economi...](https://signhealth.org.uk/videos/economi...)

**Golden Lane Housing** @GoldenLaneHouse · 21h

Last week, we supported @AnnCraftTrust's **#SafeguardingAdultsWeek**.

We hosted information sessions for colleagues, launched our tenant Safeguarding Rep, 'Keeping tenants safe' video, and we've published our **#easyread** Safeguarding Assurance Report 21/22.

[bit.ly/3E16hde](https://bit.ly/3E16hde)

**#ItMattersGLH**

**NorfolkSAB (NSAB)** @NorfolkSAB · 24m

In **#SafeguardingAdultsWeek** @NorfolkSAB self neglect & hoarding group ran 3 short sessions focusing on practical approaches. Our Becky has created some 7 min briefings from them (helped by @BroadlandHsg Kevin & @Norfolkfire Kristie) which you can find here [tinyurl.com/42wd54s9](https://tinyurl.com/42wd54s9)

# Help Us Shape Safeguarding Adults Week 2023!

## Safeguarding Adults Week 2023

**20–26 November 2023**

**#SafeguardingAdultsWeek**

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### **Safeguarding Adults Week 2023 will take place 20–26 November**

What sort of topics would you like us to cover?

What sort of resources would help you understand and discuss these issues?

**Please take a moment to complete our short survey to help us shape next year's event:**

**Share Your Thoughts And Help Us Shape  
Safeguarding Adults Week 2023**



## **Safeguarding Adults at Risk Training for Managers and Safeguarding Leads**

**This online course will explore the roles and responsibilities of managers in terms of safeguarding adults at risk.**

We'll cover best practice, the expectations of regulators, and lessons learned from safeguarding adults reviews.

These courses always fill up fast, so don't miss out!

**Monday 13 February—Wednesday 15 February 2023 [Register Here >>](#)**

**Tuesday 13 March—Thursday 16 March 2023 [Register Here >>](#)**

**Wednesday 19 April—Friday 21 April 2023 [Register Here >>](#)**

**Monday 8 May—Wednesday 10 May 2023 [Register Here >>](#)**

**Tuesday 6 June—Thursday 8 June 2023 [Register Here >>](#)**

# Join Our Team of Associate Trainers!



**We are looking for safeguarding trainers with experience in safeguarding adults, young people, or safeguarding adults in sport.**

We need you to help us to deliver training to practitioners from local authorities, social care, education, government, charities and beyond.

We are looking for people who:

- Have experience in developing and delivering training, and who have a qualification in social work or relevant equivalent.
- Are committed to good practice and hearing the voices of adults and children.

- Have a comprehensive understanding of current legislation, policy and guidance in safeguarding.
- Are aware of current issues and challenges in practice.
- Can demonstrate a track record of working with adults and/or young people.
- Have the ability to travel regionally and to work flexibly. The post may involve evening and weekend work.

## **How To Apply**

Want to chat about the role?

For more information, or to apply, please email [anncrafttrust@nottingham.ac.uk](mailto:anncrafttrust@nottingham.ac.uk)

# The Ann Craft Trust 2022 Safeguarding Conference—From a Volunteer’s Perspective



## **Bridget Tunney is a University of Nottingham student who volunteered to help us promote Safeguarding Adults Week.**

*As part of her placement, Bridget helped us run our annual Safeguarding Conference in Nottingham. We asked Bridget to write about her experiences of the day.*

### **An Early Start**

I’m Bridget, and last autumn I worked a placement at The Ann Craft Trust.

In late November I attended The Ann Craft Trust’s annual safeguarding conference. Upon arrival at the fancy Crowne Plaza hotel, every attendee was given a conference pack and some refreshments. Then we saw an introductory keynote talk by [The Suzy Lamplugh Trust](#) on street harassment.

This was an inspiring talk with interactive tasks. We watched scenarios of harassment and discussed the ways in which we can act as the victim or as a

bystander.

The presenter told the story of Suzy Lamplugh, who went missing in 1986. The trust is now committed to keeping people safe from all kinds of violence and harassment.

I took away three main points on responding to harassment:

- Trust your instincts.
- Reclaim your space.
- Practice resilience.

I could tell that a lot of the people in the room were moved by this talk as it sparked a lot of conversation and reflection during the break.

#### Responding to Modern Slavery

There were three breakout sessions in the morning. Myself and Matthew, the finance officer at The Ann Craft Trust, ushered people into their breakout rooms.

I attended the [Migrant Help](#) session on “Responding to Modern Slavery, Exploitation and Trauma”.

Rabiya Ravat and her colleague spoke about the work they do with victims of modern slavery. This includes advising organisations on policies and procedures to front line work with victims.

I could tell that everyone in this session, myself included, took away vital

“

I was forced to acknowledge that slavery still exists in this country, and that it's more common than I thought.

”

knowledge on modern slavery that we hadn't considered before.

During the interactive parts of this session I got talking to some of the attendees. Some worked in sport, some worked for universities. I was astonished to find that they have themselves handled cases of modern slavery victims.

Everyone in my group was able to apply Migrant Help's guidance to their working spheres. So this session was eye-opening for me. I was forced to acknowledge that slavery still exists in this country, and that it's more common than I thought.

#### **Lunch Break, and a Quest for Balloons**

At lunch, the delicious food did not stop the many conversations about the sessions so far.

The other two breakout sessions were on “Grooming of Adults for Exploitation” and “Emerging Trends of Technology-Facilitated Domestic Abuse”. Though I

didn't attend these, I could tell by the discussions taking place that they had struck a chord.

After lunch I was tasked with buying some big balloons for the evening dinner to celebrate [30 years of the Ann Craft Trust](#). It was a windy day and I probably looked very silly making sure I didn't let any of the huge balloons fly away on my way back to the hotel.

### **Into the Evening, and a Charity Dinner**

The team and trustees regrouped in the evening for the dinner to celebrate 30 years of The Ann Craft Trust.

This was an excellent evening with great food and entertainment from a live jazz band. There were also some very impressive magic tricks.

It was great to talk to some of the trustees of The Ann Craft Trust. I got to hear their stories about how and why they first got involved with the organisation.

The Ann Craft Trust's CEO Deborah Kitson spoke about Ann Craft herself, and her life's work.

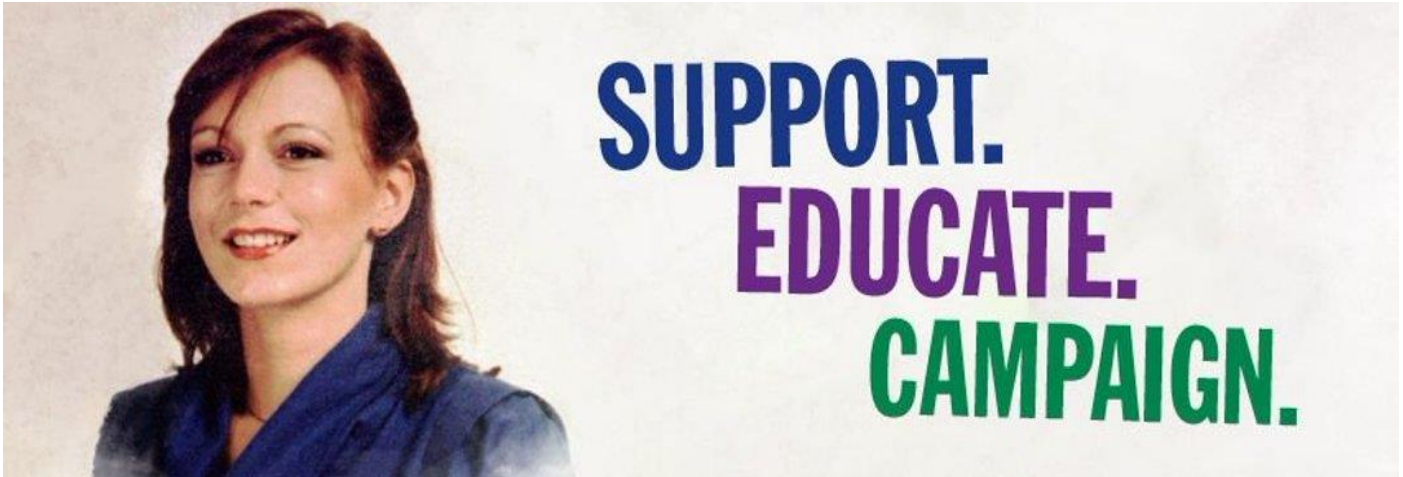
It was plain to see that Dr Ann Craft has left an excellent legacy. At the conference and dinner, I saw a strong team and a dedicated network of individuals. They are all committed to safeguarding adults at risk.

[Listen to Bridget Talk about Rugby Minds, a campaign focused on making university rugby more inclusive.](#)





## Live Life Safe—Suzy Lamplugh Trust, Street Harassment & The Bystander Effect



**Suzy Lamplugh Trust is the UK’s leading personal safety charity. As well as offering training and consultancy services, they also manage the National Stalking Headline.**

Suzy Lamplugh Trust gave the keynote speech at the 2022 Ann Craft Trust Safeguarding Adults Conference. They delivered their Stand Up Against Harassment interactive workshop developed by Right To Be and in partnership with L’Oreal Paris, sharing some safe and practical ways we can intervene in cases of street harassment. The workshop also offered advice to how we can stay strong and resilient should we ever ourselves be victims of street harassment.

This post is a brief introduction to the charity, and a short summary of the key

lessons from their workshop. For more information about Suzy Lamplugh Trust and their work, [head to their website](#).

### **Who Was Suzy Lamplugh?**

Suzy Lamplugh was an estate agent and [lone worker](#)—that is, someone Works without direct or close supervision, as per HSE’s definition.

In 1986, Suzy went to meet a client, and disappeared. She was just 25 at the time. Seven years later, having never been found, she was declared deceased.

It is widely believed that Suzy may have been targeted by a stalker, [and the evidence seems to suggest this](#).

Suzy Lamplugh Trust exists “so that what happened to Suzy does not happen to anyone else.” Their aim is to reduce the risk of abuse, aggression and violence through empowering people to take steps

to avoid, mitigate, or manage risks across all aspects of their life.

### What is street harassment?

Suzy Lamplugh Trust’s keynote at The Ann Craft Trust 2022 Safeguarding Adults Conference focused on street harassment.

Street harassment is a broad term that may refer to a number of offensive actions in public areas, including:

- Unwanted comments, often of an insulting or sexualised nature.
- Provocative gestures, including wolf-whistling and indecent exposure.
- Touching, groping, and other sexual advances.

In December 2022, [the government announced their plans to make street harassment a crime](#), with jail sentences of up to two years.

Yet as with all safeguarding issues, we all have a part to play in keeping ourselves, and others, safe.

And when it comes to street harassment, one of the biggest barriers to successful safeguarding is the bystander effect.

### What is the Bystander Effect?

If you saw someone getting abused or harassed in public, would you intervene? Many would not. They’d instead walk on,

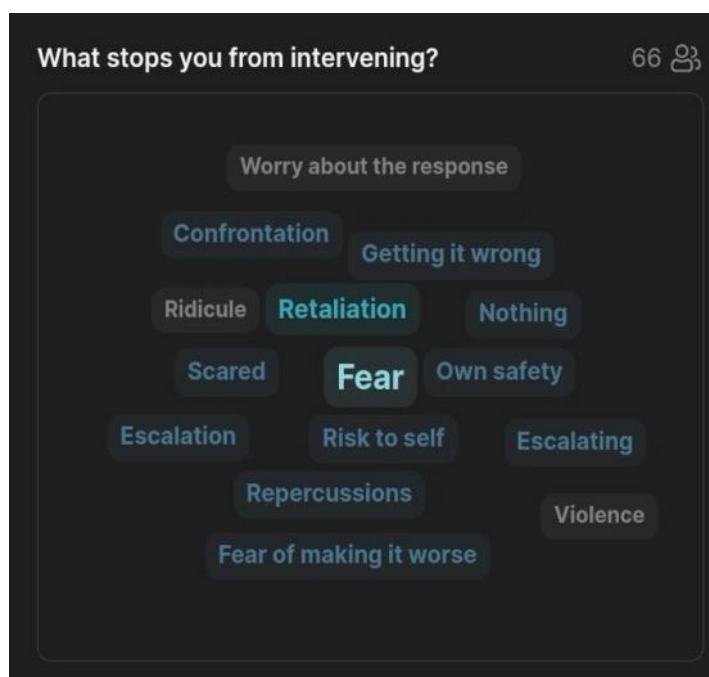
or look the other way, or otherwise remain quiet.

This is the bystander effect. It means that instead of taking action, you instead choose to be a bystander.

There are many reasons why people might choose not to intervene in a situation:

- “I’m scared it will turn on me.”
- “It’s not my problem.”
- “I’m afraid I’ll make things worse.”
- “I don’t fully understand what’s going on.”
- “I can’t make a difference.”

During their workshop, Suzy Lamplugh Trust asked participants to list the reasons why they may choose not to intervene in a situation. These were some of the responses:



These are all very common, and perfectly understandable responses to stressful and unpredictable situations. But as Suzy Lamplugh Trust demonstrated in their keynote speech, there are a few ways that anyone can safely and effectively intervene in cases of street harassment.

This is bystander intervention—the opposite of the bystander effect. It means that, when something bad happens, we stand up for each other. We look out for people and do whatever we can to help.

### **The Five Ds**

Intervention takes courage. But it's not necessarily a case of directly confronting the harasser. Indeed, direct intervention is not always the right approach.

In cases of street harassment, even the smallest action can discourage the harasser from continuing while reducing the trauma the victim may feel afterwards.

Suzy Lamplugh Trust champions the 5 Ds of Intervention:

- Distract
- Delegate
- Document
- Delay
- Direct

### **Distract**

Find a way to draw the harasser's attention away from their victim.

### **Delegate**

Ask someone else for help. Ideally, this will be someone with the power to take direct action, such as a bus driver or a ticket collector.

### **Document**

Take out your phone and film or photograph the situation.

### **Delay**

Some may not wish to intervene while the harassment's taking place. But you could delay your intervention, offering your support when you feel it's safe to do so.

### **Direct**

Set an immediate boundary with the harasser, before offering the victim your support.

### **What To Do If You're A Victim of Street Harassment**

The important thing to remember is that it is never your fault.

Your actions might not prevent street harassment from happening. But how you respond to the situation might make a difference.

Yet it's not your responsibility to have the perfect response. It's the harasser's

responsibility to not abuse you in the first place.

However, you respond, do it for you. Do whatever it takes to keep up your resilience, even if this means you don't take any immediate action.

The Suzy Lamplugh Trust, sponsored by L'Oreal Paris and with Right To Be, are delivering free one hour Stand Up Against Harassment bystander training sessions throughout 2023. [Find out more and book your free place here.](#)

[You'll find lots of resources on the Right to Be website for victims of street harassment](#), including lots of advice on how you can feel empowered and resilient.

[You'll also find lots of personal safety advice on Suzy Lamplugh Trust's website.](#)

# Could You Be A Trustee For The Ann Craft Trust?



**The Ann Craft Trust is a leading UK authority on Safeguarding Adults and Young People.**

**We are looking for committed individuals who have an interest in safeguarding to join the Ann Craft Trust Board of Trustees**

You will be joining the Ann Craft Trust as we enter our thirtieth year of acting against abuse. This is an exciting time for us as we seek to continue and expand our safeguarding training, research and audits across a broad range of sectors; including sport and activity, health and social care and education to name a few.

As a trustee you will have a crucial

leadership role and contribute to our aim of safeguarding young people and adults at risk in all UK communities.

**As a trustee you will:**

- Shape the strategic direction of the charity
- Increase your professional networks in the safeguarding sector and beyond
- Join a friendly and supportive team who value innovative practice

We are keen to improve the diversity of our Board, so that it better represents the people we support. ACT is committed to

equality, diversity and the creation of an inclusive approach in all we do. We value the skills, experience and perspective that a diverse and representative Board of Trustees offers us in terms of our ability to deliver this.

We are looking for people who have skills, experiences and knowledge in one or more of the following areas:

- Experience of running a voluntary organisation
- Experience of Board level governance responsibilities, particularly financial and legal accountabilities and adhering to regulations in these areas
- Business planning and development
- Knowledge of the risks to, and safeguarding needs of, young people and adults at risk
- Interest in and knowledge of safeguarding research, policies, processes and procedures and experience of enacting these in diverse UK communities

To ensure the Board of Trustees is best able to support the work of the Ann Craft Trust we particularly welcome applications from members of groups that are currently under-represented, including people from Black, Asian and

Minority Ethnic communities, people with a disability, experts by experience and people who identify as LGBTQ.

As a trustee, you will participate in quarterly Trustee meetings, held on weekdays, and the Annual General Meeting in November. All meetings are currently held via MS Teams, but when circumstances allow, some future meetings may take place in ACT offices, in the University of Nottingham. Travel expenses will be reimbursed for any necessary travel.

### **How to Apply**

Please submit your interest by sending us a CV and covering letter detailing how your skills and experiences would support the continuing work of the Ann Craft Trust with particular reference to the points above.

In addition, we would ask you to complete the [Equalities Monitoring Form](#).

Please send to Deborah Kitson, ACT CEO.  
[deborah.kitson@nottingham.ac.uk](mailto:deborah.kitson@nottingham.ac.uk)

Following receipt of your CV and letter, you will be contacted for an initial informal discussion by phone with either one of the current Trustees or the CEO.

## **Enhance the UK – Sex and Relationship Resources For People With Disabilities**

**-Caroline Barry, Enhance the UK**



**enhance the uk**  
changing society's views on disability

**Domestic abuse and sexual violence can take many different forms, and this can make it hard to spot the signs.**

Anyone can experience physical, emotional or sexual abuse. But research shows that [disabled people may be more at risk of experiencing violence, bullying or controlling behaviour](#).

The Office for National Statistics (ONS) estimated that in the three years ending March 2018, 3.7% of disabled adults aged 16 to 59 years reported experiencing any sexual assault in the last year in England and Wales, compared with 1.9% of non-disabled adults.

In the same time period, disabled women were almost twice as likely to have experienced a sexual assault in the last

year, at 5.7% compared to 3.0% for non-disabled women.

Neurodiverse people also have higher risks of experiencing sexual violence. This may be a result of difficulty negotiating social cues, a strong desire to be accepted, or not understanding consent.

[A study reported](#) that 70% of adults with autism spectrum conditions (ASC) reported experiencing some forms of sexual victimisation after they turned 14 and into adulthood, compared to 45% of adults without ASC.

Yet despite all this, there is a lack of awareness around the impact of sexual violence on disabled people. The abuse may happen through a relationship or it could be inflicted by a person who a

disabled person relies on for care or assistance.

Due to a lack of healthy sex education, sometimes people may not understand that they are experiencing sexual violence. Abusers may use threats, coercion or gaslighting, which can make situations more confusing.

Understanding the role of consent is vital, although some disabilities can make it difficult to communicate feeling uncomfortable, or to withdraw consent.

It can also be much harder for disabled people to report abuse. They may face challenges in accessing services to make a report, or their abuser may remove communication tools they need to be able to get help.

It can be difficult to know where you can go to access help or report a sexual violence crime. There is also less awareness around where to find support groups or networks.

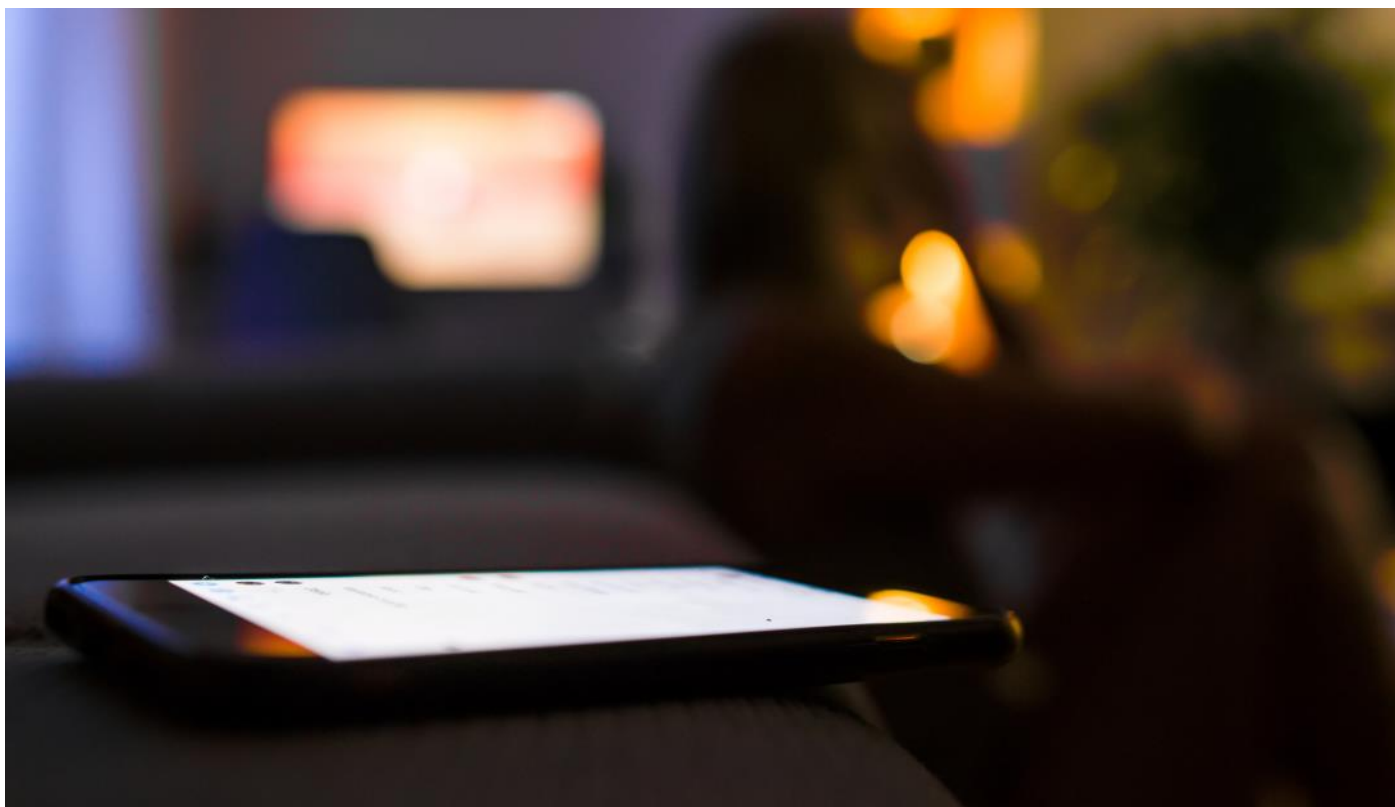
Enhance the UK aims to highlight this issue and raise awareness of where people can go to access help and the impact of sexual violence on disabled people.

### **Learn More About Enhance the UK's Campaign**

- [Visit the Enhance the UK homepage.](#)
- [Love Lounge](#)—free advice on all things sex, love and disability.
- [Undressing Disability Hub](#)—Information, education, resources and networking within the world of disability and sexuality.
- Follow Enhance the UK on [Twitter](#), [Facebook](#) and [Instagram](#).



## Refuge—Take Back Control of Technology



**Abusers may use technology to control, harass, or intimidate their victims. Refuge helps domestic abuse survivors secure their tech and take back control of their lives.**

At our 2022 Safeguarding Adults Conference in Nottingham, Refuge ran a session exploring tech-facilitated domestic abuse.

Even after survivors have escaped from an abusive situation, their abusers can use a huge range of technology apps and devices to continue their abuse.

This abuse could be direct and explicit, such as sending offensive or threatening messages, or sharing private details or

intimate images online. Or the abuse may be more subtle and insidious, such as using smart home controls to make indoor temperatures uncomfortably hot or cold.

During their session, Refuge shared a few extreme stories where campaigns of tech-facilitated domestic abuse had resulted in financial ruin, and even murder.

### **Spyware for Cheap**

One of the most shocking revelations of Refuge's session was just how easy—and cheap—it can be for abusers to ruin their victims' lives remotely.

For example, it's possible to buy effective spyware on many major online shopping

sites, including tiny GPS tracking devices, and listening devices disguised as household objects.

There are also online communities that will dedicate their time to harassing or abusing a chosen individual, for a price. So a domestic abuser can ensure their victims receive round-the-clock abuse without having to make any efforts themselves.

But though the use of spyware and online communities appears to be on the rise, in most cases, abusers will make use of everyday tech to stalk, isolate and control their victims, such as smartphones, tablets, smart devices, and even streaming platforms. There have also been cases of perpetrators hacking children's devices to gain access to their accounts.

### **You Have a Right to Be Safe Online**

As part of their ongoing fight against tech-facilitated domestic abuse, [Refuge run a dedicated tech safety website](#).

This includes a list of questions to help you determine if someone is using technology to harm or control you:

- Is someone stalking you online, or watching everything you do?
- Is someone harassing you by sending constant messages that upset you?

- Or is someone posting about you online, or threatening to share images or other private information?
- Do you feel pressured to share your messages or phone?
- Is someone controlling or limiting your phone use?
- Has someone hacked your device? Does it seem slower than usual, for example, or does the battery run down faster than it used to?
- Does someone have access to your online accounts and passwords?
- Is someone trying to get to you through your children's phone or games?
- Are you being cyberstalked?

This leads to an essential introduction to technology-facilitated abuse. You can learn more about what it is, how it works, and some of the techniques abusers may use to control, isolate, or harass their victims.

And once you've learned to spot the signs, you'll be better equipped to identify cases of abuse in your life—whether it's you receiving the abuse, or someone you know.

[Head here to read Refuge's essential introduction to tech-facilitated abuse.](#)

## Other Resources to Help You Understand Technology-Facilitated Abuse

- **[Home Tech Tool](#)**—An interactive tool to help you spot devices in your homes which could be controlled by an abuser, plus some simple advice on how to secure these devices.
- **[Digital Breakup Tool](#)**—An interactive tool to help you keep yourself safe online through building understanding of the various digital platforms an abuser might have access to. This might include social media accounts, online banking apps, or apps that show your live location, such as Uber.
- **[Worried About Someone?](#)** A resource for anyone concerned that someone they know might be experiencing tech-facilitated abuse. It includes a dedicated section for professionals, with [tips on how to speak to survivors](#).
- **[Glossary](#)**—A searchable collection of brief and simple explanations of some of the terms and ideas you might encounter when reading, hearing or talking about technology and abuse.

**[Visit Refuge's Tech Safety Hub here.](#)**

## **CYP First –Grooming of Adults for Exploitation**

**Helen Matthews, CYP First**



**CYP First are two passionate child exploitation professionals aiming to transform your practice and response to children by delivering creative, innovative and practical training.**

Helen Matthews and Andy Thompson of CYP First hosted a workshop at our 2022 Safeguarding Adults Conference exploring how adults can be groomed for exploitation.

This session considered what modern day grooming looks like and showed attendees how to recognise that someone is at risk. The session explored the role of adults within exploitation and

cuckooing, equipping practitioners with the knowledge of how to escalate their concerns effectively should they believe someone is at risk.

The session concluded by providing recommendations and a checklist for practitioners that can be used when working with adults at risk.

Our session for the conference was designed to get people thinking about what they might see and what they can do if they do see it.

Our job is to open your eyes to the reality of grooming and exploitation in adults. We want people to realise that grooming

does not just affect children.

In our workshop, we focussed on the language we can use when discussing grooming. We also discussed how we want to turn away from the term "Cuckooing" and use a more appropriate term to describe the life changing impact this has on a person: "Home Invasion."

I think we are all guilty of overusing and misusing certain terms. We need to realise how the words we use can impact the response from other professionals. We need to remember that we are all dealing with other professionals who may be desensitised to the subject matter too.

### **Passionate Professionals Making a Difference**

We were incredibly honoured and proud to be asked to speak at The Safeguarding Conference in November 2022.

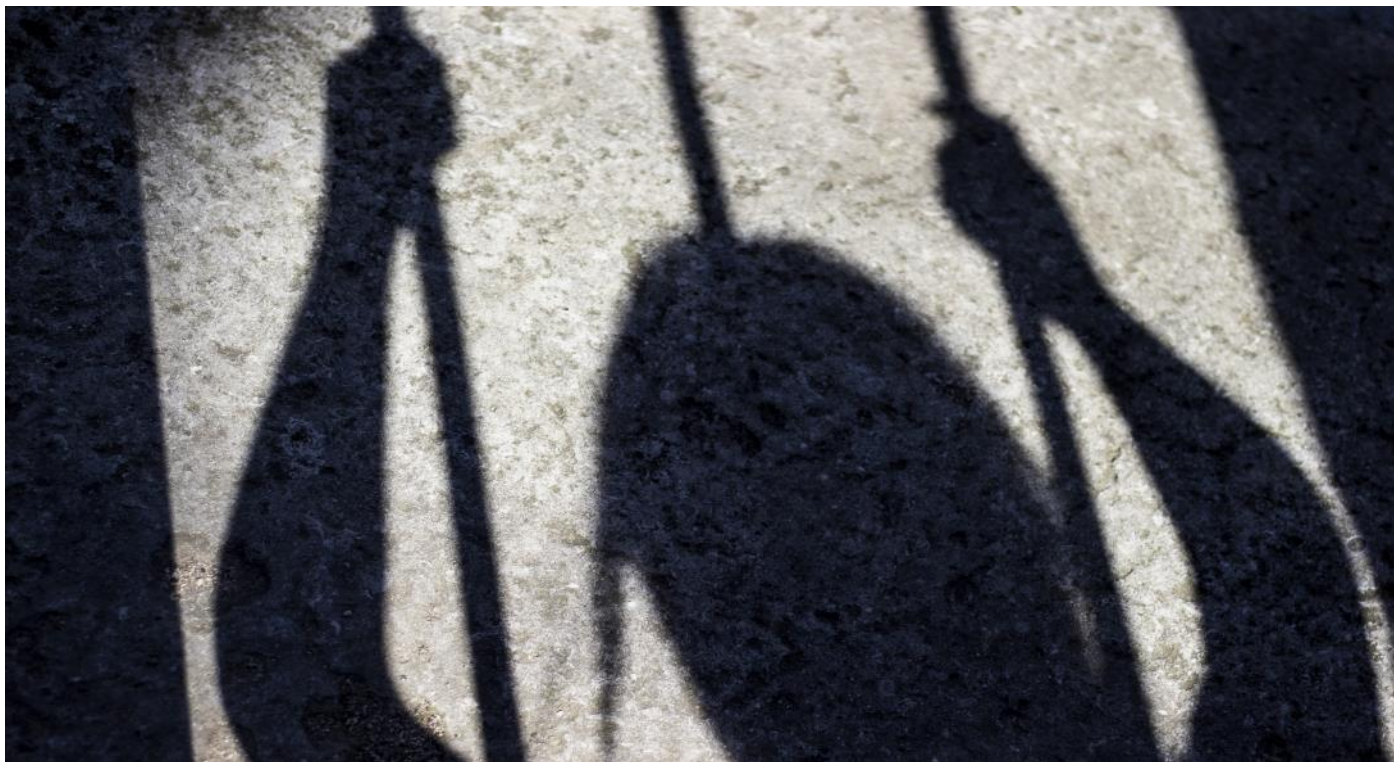
The Ann Craft Trust provides an exemplary service and we had heard many good things about their annual conference. But we never thought we would be asked to contribute!

The day was packed full of passionate professionals who all were there to make a difference. This is also what we aim to do with our training—make a difference.

If you want to find out more about our service then please email [office@cypfirst.co.uk](mailto:office@cypfirst.co.uk) or access our website: [www.cypfirst.co.uk](http://www.cypfirst.co.uk).

**Helen Matthews has 18 years' first hand experience of working with CSE survivors and is now the CEO of [Street Teams](#), a charity responding to all aspects of exploitation.**

## **Migrant Help – Responding to Modern Slavery, Exploitation and Trauma**



**Migrant Help is one of the leading providers of specialist support and accommodation for adult victims of modern slavery, and their dependants, in the UK.**

At our 2022 Safeguarding Adults Conference in Nottingham, Migrant Help ran a workshop on how we can respond to modern slavery, exploitation and trauma.

Drawing on their experiences of supporting people impacted by displacement and exploitation, this workshop discussed the various forms of modern slavery and the catastrophic

impact this can have on adults.

The workshop explored how practitioners can effectively work with diverse communities who may have experienced trauma, to minimise the risk of future harm and abuse.

### **What is Human Trafficking?**

Migrant Help defines human trafficking as “the modern day form of slavery.”

Human trafficking is the illegal trade in human beings for a range of purposes, including, but not limited to:

- Sexual exploitation
- Forced labour

- Domestic servitude
- Forced criminal activity
- Organ harvesting

Across the world, men, women and children are being held against their will, bought, sold, and transported into slavery.

At the moment, an estimated 40 million men, women and children are victims of human trafficking. That means that there are more slaves in the world today than at any other point in history. And around 25% of these slaves are children under 18.

### **How Can We Help?**

Migrant Help has dedicated casework teams assisting victims in Scotland, Northern Ireland and England.

Their work includes:

- Providing safe accommodation for adult victims and their dependants.
- Facilitating victims' access to health services and counselling, as well as emotional wellbeing support.
- Providing financial and practical assistance, including help with accessing compensation.
- Liaising with law enforcement, including assistance with acquiring new identification documents.

- Helping victims reconnect with family.
- Support with integrating into the community or, if requested, a safe and supported repatriation.

Migrant Help's approach is focused on each victim's unique individual needs. They develop a support plan for every person they work with. Their aim is to provide all-round care that will help victims recover from the trauma they've endured.

Yet ultimately, Migrant Help's main priorities are in reducing the risk of re-trafficking. Their mission is to empower people to gain confidence as they move forward to a new and positive chapter in their lives.

If you'd like to learn more about Migrant Help's work in fighting modern slavery and human trafficking, [you can read a number of survivors' stories on their website.](#)

You can also contact Migrant Help to learn more about [how you can help raise awareness of modern day slavery.](#)

# #ACTSafeguardingHour

Every Wednesday

12.00–1.00 pm

@AnnCraftTrust

**ann craft trust**  
acting against abuse

## **Do you have any questions or concerns about Safeguarding?**

Join us for **#ACTSafeguardingHour**—every Wednesday on  
Twitter, 12.00–1.00.

This is an opportunity to discuss safeguarding matters with an  
online community of practitioners.

For more information, find us on Twitter:

[@AnnCraftTrust](https://twitter.com/AnnCraftTrust)



# 2022 Highlights From Safeguarding Adults in Sport in Sport

**Nicola Dean, Safeguarding Adults in Sport Manager, Ann Craft Trust**



## **2022 was another busy year for the Ann Craft Trust Sport and Activity Team.**

The team once again grew in size.

In May, [Emma Gibson came from a safeguarding and governance role in Badminton England](#) to join the sport team in a new role – Head of Sport.

“From being an enthusiastic supporter of Ann Craft Trust to working for the charity has been an eye opener! What an enthusiastic, knowledgeable and committed group of people to work alongside.

“I have asked a lot of questions and learned a lot. I feel confident moving into 2023 that there are areas where we can better use our influence, increase our partnership working, and stay true to the main aim of The Ann Craft Trust:

*“Everyone has a right to be treated with respect and dignity. Everyone deserves to be safe.”*

– Emma Gibson, Head of Sport, Ann Craft Trust

Our Safeguarding Adults in Sport Manager for Wales, Ruth Ingram, left her position. However, we have continued the contract

with Ann Craft Trust Associates, including Sarah Knight, Mike Harrison and Ruth herself.

Sarah Nolan, a new administrator, started with the sport team in April. We have appreciated having Sarah's vast experience and knowledge in administration. Sarah lives local to the University and has linked in with Broxtowe Women's Project at their Domestic Abuse events.

"Having an admin background mainly in supporting students at the university of Nottingham over the last 20+ years, I joined The Ann Craft Trust in April this year.

"I am enjoying providing admin support to the Sport team, helping to facilitate their training and advising and signposting enquirers with safeguarding concerns."

– Sarah Nolan, Safeguarding Adults in Sport Administrator, Ann Craft Trust

## **#SaferCultureSaferSport Campaign**

The #SaferCultureSaferSport campaign began in 2021. Our aim is to help sport & activity organisations create safer cultures, where welfare, safety & wellbeing is at the heart of values & actions. [You can read more about the campaign here.](#)

As the campaign ended its first year in May 2022, we created a new logo and a new signature. We have continued to develop events, blogs and podcasts, rounding off year one rounding off with [a very inspiring session from the British Paralympic Association.](#)

Throughout 2022, The Change Champions group continued to meet. This is a group of representatives from across the sport and activity sector who support us to spread the #SaferSportSaferCulture message. There have been interesting discussions around how to look at culture

One year of...



**3,000,000**  
people reached

**41**  
organisations joined

**253**  
people attended culture events

and create change. They have resulted in the members considering safeguarding questions at every opportunity, such as when discussing a project at team meetings.

If you want to show your commitment to the Safer Culture campaign, [please sign up to receive all the news and information.](#)

### **Participant Project**

The Participant Project team has shifted its focus onto what keeps older people safe.

[Tina Thordal and Charlotte Gilmartin ran a very well received session at the Bolton](#)

[Age UK ADG.](#) They helped participants consider what keeps them safe. They particularly enjoyed hearing Charlotte speak about her experiences of being a high performance speed skater and her thoughts on what makes a safer culture in clubs and groups.

If you run sessions for older adults and would like to hear from them what keeps them safe, [please get in touch.](#)

### **Funding Priorities—UK Sport**

We remain committed to our UK Sport contract. [Kimberley Walsh](#) is working directly with performance sports, providing targeted one-to-one support. She is also delivering training at board, coach, support staff and athlete level,

while supporting organisations to work through the [Safeguarding Adults Framework.](#)

“It is so pleasing to see that there is a noticeable commitment from organisations to do the best for their staff and athletes in relation to safeguarding and wellbeing.

“We are now delivering training to the whole organisation. This means ensuring everyone, from athletes and coaches to support staff and the board, are all aware of their roles and responsibilities. Everyone should know what to do if anyone has a concern. They should also know what policies and procedures the organisation has in place to support them. This is a great step forward in helping keep people safe in sport at the elite level.”

– Kimberley Walsh, Safeguarding Adults in Sport Manager, Ann Craft Trust

### **Sport England**

We are supporting Sport England with their [Uniting the Movement](#) strategy.

Our Priorities have been:

- Engaging with the strategy.
- Attending networking events.
- Spreading the word of Ann Craft Trust.
- Helping individuals and organisations

understand that people need to feel safe to enjoy their sport, and that we can work together to achieve that aim.

Completing [The Safeguarding Adults in Sport Framework](#) is now mandatory for Sport England National Governing Bodies and Active Partnerships.

We have held Framework awareness sessions and directly engaged with over 80% of organisations to promote the benefits of the Framework. We also brief organisations on how they can meet their safeguarding obligations while safely welcoming adults into their sports.

Our work with sport and activity organisations is growing in stature. We have developed policies with and for the sector, and created many new resources. [The Safeguarding Forum](#) is instrumental in shaping new resources as well as providing a network of support for each other.

### **Sport Wales**

We have continued our contract with Sport Wales [to provide support for Welsh sport organisations](#).

One key aim is to develop a better understanding and awareness about recent legislative changes.

Our work has included:

- Bitesize learning workshops.
- Contribution to a governance survey to understand where Welsh sports are in terms of their safeguarding adults awareness.
- Holding one-to-one meetings with a number of sports to develop action plans.
- Strengthening our working relationship with [The Child Protection in Sport Unit \(CPSU\)](#).

We were pleased that Sport England helped us support Welsh organisations with the Safeguarding Adults Framework. We have identified a number of Welsh sports to pilot the Framework in early 2023.

In 2023, we also intend to appoint a permanent Safeguarding Adults in Sport in Wales manager. We will advertise this role in the coming months, so look out for a job listing in a future sport update.

### **Training**

The Safeguarding Adults in Sport Managers have delivered four Level 3 courses – now known as Advanced Training – to Lead Safeguarding Officers in NGBs and Active Partnerships.

In the latter part of the year we developed

and piloted two sessions of an Essentials Training course aimed at Club Welfare Officers and Club Safeguarding Officers. The feedback from the people who attended has been invaluable as we develop the course to roll out in 2023.

We have also been commissioned to work on a small number of projects relating to sport and activity. This includes training and consultancy for Sport Scotland, The Premier League and Commonwealth Games England.

### **Conferences**

At the start of 2022 we collaborated with The CPSU to run a [Safeguarding in Sport and Activity Conference](#).

We received some excellent feedback, with delegates appreciating the chance to hear from expert speakers and workshop leaders.

Towards the end of the year we held our annual [Safeguarding Conference](#). Many representatives from sport and activity attended, from organisations such as The CPSU, NGBs, Active Partnerships, Special Olympics GB and County FAs.

Intimacy Choreographer Nicole Perry and Erin Sanchez of One Dance ran a fascinating workshop exploring the concept of power. We will continue to develop this theme in the coming years.

### **Events**

The Safeguarding in Sport Team attended and presented at a number of online and in-person events.

In March, Nicola Dean and Joanne Pell attended the [Include Summit](#), to bring the message of safeguarding adults and wellbeing to the Equality, Diversity and Inclusion event.

In the middle of the year Joanne enjoyed speaking at the LTA Conference. "I was so impressed by the interest in safeguarding adults at club and county level," she said.

November was a busy month. It saw another successful [Safeguarding Adults Week](#) with good engagement from the sport and physical activity sector. The team also ran seminars with the Disclosure and Barring Service and our Safeguarding Disabled Children and Young People Manager, Sarah Goff.

November also saw Emma speaking at a Social Care Conference, 'Safeguarding Adults – It's Everyone's Business' in Manchester.

Cath Sykes also travelled to Norwich City Football Club to support the work of the safeguarding team. She gave a talk on the [#SaferCultureSaferSport](#) campaign and the importance of Safeguarding Adults.

Finally, Sarah and Nicola were involved in the White Ribbon Campaign, attending events organised by Broxtowe Women's Project.

### **The Ann Craft Trust at Parliament**

In June, Kimberley spoke at the All Party Parliamentary Group on Sport, Modern Slavery and Human Rights.

The meeting aimed to raise awareness of athlete abuse, sharing challenges in the current system and best practice on how to address it.

"It is great to know that safeguarding adults is being represented in parliament," said Kimberley "It shows that we have come a long way in raising the issues of athlete wellbeing."

Cath and Nicola also attended Parliament to speak at an All Party Parliamentary Group in Professional Wrestling. They said: "We were so pleased with the commitment from MPs, Promoters, Academics, coaches and wrestlers to work to create safer spaces for the wrestling community."

### **Collaboration and Partnership**

We would like to thank all of the organisations that we work with. Without collaboration we could not undertake our work.

In 2022 we continued to work closely with

our Safeguarding Partners. This includes The CPSU, NWG, Lime Culture and Sport Resolutions.

We also developed our links with organisations across the wider sport and activity sector. This includes the sport team at MIND, Community Leisure UK, One Dance UK, Sport Structures and Continuum Leisure.

### **Moving Into 2023**

2023 is going to be another busy year as we focus on the Sport England, Sport Wales and UK Sport funded projects.

In particular we are supporting NGBS and APs to undertake the Safeguarding Adults in Sport Framework. Some organisations will be completing The Framework for the second time.

We will also continue to run training for the sector and develop focused resources and information. The monthly Sport Update will continue. We hope to see more blogs from people in the sector, relating their experiences of safeguarding adults.

As the Culture Campaign enters its second year we are really looking at how organisations can embed a safer culture. We are encouraging organisations to use our resources. But we also want to see them developing their own.

The Participant project will continue to

help clubs and groups to listen to their members. In 2023 we're concentrating on safeguarding older people and people with learning disabilities in sport and activity.

Finally, 2023 will also bring a big change in the Ann Craft Trust Team as we say goodbye to our CEO, Dr Deborah Kitson. Deborah was instrumental in starting work with the sport sector. She offered advice to many organisations prior to the Trust receiving funding from Sport England in 2015.

We will miss her considerable knowledge and expertise in safeguarding adults and want to thank her for her dedication to supporting so many sport and activity organisations.



## **Safeguarding Adults in Sport and Activity in England Advanced Training (Level 3) for Safeguarding Leads**

This course covers Safeguarding Adults for Lead Safeguarding Officers/Deputies in NGBs and Active Partnerships in England. It is also relevant for National Lead/Deputy Safeguarding Officers in unregulated/unfunded sport and activity organisations.

We'll explore best practice, the law, how to respond to and report safeguarding adult concerns, creating a safer culture and an inclusive and accessible environment, and the importance of effective safeguarding policies and procedures.

**Tuesday 7 March—Wednesday 15 March 2023: [Register Here >>](#)**

**Tuesday 6 June—Wednesday 14 June 2023: [Register Here >>](#)**

**Tuesday 12 September—Wednesday 20 September 2023: [Register Here >>](#)**

**Tuesday 5 December—Wednesday 13 December 2023: [Register Here >>](#)**



# Power & Exploitation in Sport and Activity

**Cath Sykes, Safeguarding Adults in Sport Manager, Ann Craft Trust**

## What is power?

**As part of the 2022 Safeguarding Adults Conference in Nottingham, The Ann Craft Trust Safeguarding Adults in Sport team hosted a workshop on Power & Exploitation in Sport and Activity.**

We were joined by Nicole Perry and Erin Sanchez. Nicole is an adjunct professor of dance at the University of Miami and a leading expert on understanding consent and power dynamics within the dance industry. Erin is an expert on dancers' health and wellbeing at One Dance.

The first part of the session set out to

explore the theory behind power and how this can affect the ability for a participant to consent.

Nicole introduced us to the theories of power from social psychologists French and Raven, who identified five types of power in relationships which could be open to exploitation. These include Reward, Expert, Coercive, Referent and Legitimate.

She then discussed the work of theorist Mary Parker Follet, who devised a number of different types of power, including:

- Power over
- Power with
- Power to
- Invisible power.

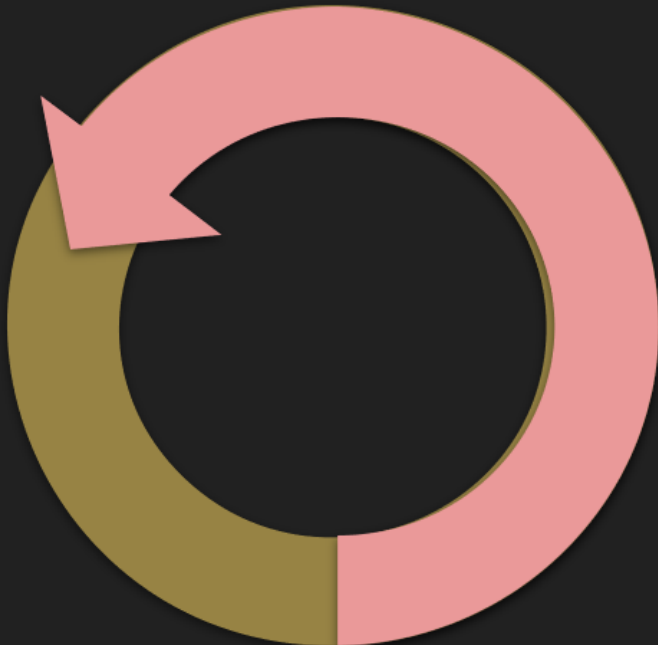
The workshop then split into smaller breakout groups to identify when and how they have seen the different types of power at play within their own settings, along with the positive and negative effect and impact this can have on the participants.

Having explored the theoretical side of power, Nicole then encouraged us to relate this to empowerment and consent. We thought about how we can provide opportunity for athletes/participants to have informed consent and the ability to

say 'no' without a negative effect.

Erin Sanchez then discussed how the theory of power can be put into practice with reference to [the research and learning that One Dance had undertaken in this area.](#)

Finally, The Ann Craft Trust's Kimberley Walsh rounded up the session by reminding us what we can do to reduce risk of a negative power imbalance in professional relationships. This includes having the following in place: Codes of conduct, policies and procedures, training and education, athlete selection processes, and opportunities for people to be heard as part of a positive culture and environment.



## POWER DYNAMICS

- Affect a performer's or student's ability to consent in the moment
- Ideology and Institutionalism are partners to power
  - The values reinforced by the structure you are in distributes power

## Safeguarding News Watch: Safeguarding Young People

### **A Review of Harmful Content Online**

27 September 2022 | [ineqe.com](https://ineqe.com)

### **Circus Misconduct Claims Prompt Calls For Better Safeguarding**

23 December 2022 | [TheStage.co.uk](https://TheStage.co.uk)

### **“Culture of Abuse” Found at Three Doncaster Special Schools**

26 October 2022 | [BBC.co.uk](https://BBC.co.uk)

### **University Failed to Respond to Student’s “Cry For Help”**

16 December 2022 | [BBC.co.uk](https://BBC.co.uk)

### **Digital Safeguarding Resolutions—Against Doomscrolling**

6 January 2023 | [ineqe.com](https://ineqe.com)

### **15 Things To Do If You’re Feeling Lonely**

December 2022 | [MentalHealth.org.uk](https://MentalHealth.org.uk)

### **Social Care Leaders Hailed in New Year Honours**

5 January 2023 | [CommunityCare.co.uk](https://CommunityCare.co.uk)

## Safeguarding News Watch: Safeguarding Adults at Risk

### **New Data on Domestic Abuse in Older People**

9 December 2022 | [ageuk.org.uk](https://ageuk.org.uk)

### **Roseberry Park Hospital “Failing To Keep Patients Safe”**

28 October 2022 | [BBC.co.uk](https://www.bbc.co.uk)

### **Criminals and Sexual Predators Allowed Into Police, Says Report**

2 November 2022 | [BBC.co.uk](https://www.bbc.co.uk)

### **Samaritans Scotland Aim To Dispel Myth of “Blue Monday”**

10 January 2023 | [Samaritans.org](https://www.samaritans.org)

### **NCIC “How Safe Do You Feel” Initiative Highly Commended**

9 January 2023 | [NCIC.NHS.UK](https://www.ncic.nhs.uk)

### **Safeguarding Speaks Webinar Series With Age UK**

15 December 2022 | [AnnCraftTrust.org](https://www.anncrafttrust.org)

### **Plymouth Adopting New Approach to Help Abuse Victims**

December 2022 | [PlymouthHerald.co.uk](https://www.plymouthherald.co.uk)

## Safeguarding News Watch:

# Safeguarding Adults in Sport and Activity

### University of Nottingham Professor Joins Parkrun Trustee Board

9 January 2023 | [Exchange.Nottingham.ac.uk](https://www.exchange.nottingham.ac.uk)

### Swim England Accused of “Leaving Children Vulnerable”

30 October 2022 | [DailyMail.co.uk](https://www.dailymail.co.uk)

### Does Your Club Deserve a “Female Friendly” Accreditation?

October 2022 | [Springer.com](https://www.springer.com)

### Rugby Coach Wants Players to Value “Friendship and Memories”

4 January 2023 | [BBC.co.uk](https://www.bbc.co.uk)

### “Systemic” Abuse in Top Flight US Women’s Football

4 October 2022 | [GirlsSports.club](https://www.girlsports.club)

### Mind’s Regional Network Hubs Build Bridges Across Sport & Activity

December 2022 | [Mind.org.uk](https://www.mind.org.uk)

### Supporting Sport & Activity Organisations in Wales

29 November 2022 | [AnnCraftTrust.org](https://www.anncrafttrust.org)

# Safeguarding Research and Resources

## **New Hiring Toolkit Supports Care Providers with Safer Recruitment**

A collaboration between safeguarding experts has led to the publication of a best practice recruitment resource for the social care sector.

Read more: <https://www.gov.uk/government/news/new-hiring-toolkit-supports-care-providers-with-safer-recruitment>

## **The Quality of Services Provided Under the Modern Slavery Victim Care Contract**

CQC review of services offered to potential victims of modern slavery.

Read more: <https://www.cqc.org.uk/news/quality-services-provided-under-modern-slavery-victim-care-contract>

## **Smyth Review—Update From Independent Reviewer**

The Church of England's Learning Lessons Review is reaching its final stages, but expect further delays.

More information: <https://www.churchofengland.org/safeguarding/safeguarding-news-releases/smyth-review-update-independent-reviewer>

# Lessons From a Local Authority: From Process-Centred to Person-Centred

Stuart Sale, Safeguarding Adults Quality Assurance Manager for Nottinghamshire County Council. From Issue 91, July 2014

## This is a summary of a presentation

### Stuart Sale gave at the 2014

**Safeguarding Adults Conference. At the time, Stuart was Safeguarding Adults Quality Assurance Manager for Nottinghamshire County Council. In early 2023, Stuart will become the new CEO of The Ann Craft Trust.**

### MSP Pilot – Nottinghamshire approach

- Two local teams – older adults, learning disability
- Took a more person centred approach to safeguarding work
- Worked with the person from the beginning – ‘what outcomes do you want?’
- Created a mechanism for recording the work

### How did we do it?

- Making Safeguarding Personal Pilot
- ‘Lean Plus’ Approach
- Consulted with service users
- Engaged with a wide range of

stakeholders through various work streams

- Engaged with senior managers of partner agencies via SAB
- Comprehensive consultation on the proposed changes

### What did people tell us they wanted?

- Greater autonomy for practitioners
- Determine most appropriate approach
- More ‘tools’ to help provide a relevant response
- Better ways of recording ALL the work we do, not just investigative work
- Support to know they were doing the right thing

### So what did we end up with?

*‘7.3.4: To enable the safeguarding assessment to be proportionate, the safeguarding process is not designed to be a linear one.’*

Subsequently, the Care Act statutory guidance states:

14.14...We all have different preferences, histories, circumstances and life-styles, so it is unhelpful to prescribe a process that must be followed whenever a concern is raised.

**In practice this means ....**

- Fewer Investigations:
- Greater emphasis on professional judgement
- Only investigate when needed
- Use existing investigative processes when they already exist

**What have we learned?**

What have staff told us about this way of working?

*‘Real sense that service users are being enabled to tell their own story and direct what should happen when this is possible.’*

*‘Helping the service user craft their own report for case conference if they wanted to.’*

*‘It feels like doing real social work.’*

*‘Meetings with service users are becoming more purposeful - with a specific aim of seeking views of desired outcomes.’*

*‘In some instances we are taking the meetings to the clients – to their own homes if necessary.’*

“

*It feels like doing real social work!*

”

**Findings: benefits for staff**

- Improves motivation
- Increases confidence
- Social workers feel positive
- Facilitates a change in culture across agencies

**Findings: benefits for adults at risk**

- Empowers people to take action on their own behalf
- Makes people integral to any decisions
- It means we ‘do with’ and not ‘do to’
- Proportionate response means a timely response
- Helps them to understand what happens better
- Reduces the chances of them being abused again



## **Findings: what we learned as an organisation**

- The importance of buy in at a senior level...
- ...and not forgetting everyone else too!
- Use to challenge thinking
- Practice differs across different service areas
- Small steps forward are better than standing still!
- Agencies take more responsibility for safeguarding
- Training and support really makes a difference

## **What challenges remain?**

- Cultural change is harder than process change
- Recording all the good work
- 'It takes too long and costs too much'
- Buy in from all agencies
- Implications of the Care Act (although we've made a good start!).

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**[anncrafttrust.org](http://anncrafttrust.org)**

Everyone has a right to be treated with respect and dignity.

Everyone deserves to be safe.